

The Discerning Dad Caring Community was set up to help males through bereavement, we have found that there is not a platform for just males to talk to each other about bereavement. And wanted to give all males the chance to reach out if they wanted help and support through this awful time. There is a phone number set up for people to call and book in to talk to one of our trained befrienders as well as an email address. There are plans to have groups in the Swindon area when the need for it becomes big enough, as well as an online forum which we hope to launch in Q2 of the year.

Our mission statement:

No man should feel alone. Together we can help break down the barriers and stigma associated with talking about and dealing with bereavement.



Male Bereavement Support, You Are Not Alone

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